

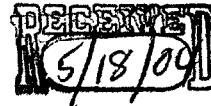
Herbsforever, Inc.

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May 11, 2004

**Dr. Elizabeth Yetley
Office of Special Nutrition (HFS-450)
Center of Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street S.W.
Washington, DC 20204**



Re: Notification of Product Claims

Dear Dr. Yetley:

This letter serves as notification of the nutrition support labeling statements being made by our company in connection with our line of dietary nutritional supplements. A list of the products and their respective nutritional support statements and ingredients are listed in the attached Exhibit "A".

Herbsforever certifies that the information contained in this notice is complete and accurate, and the company maintains documentation to substantiate that its product claims are truthful and not misleading.

If you have any questions, please feel free to contact me and I will do my best to answer your questions.

Gladys Valencia
**Gladys Valencia
Director
Herbsforever, Inc.**

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EXHIBIT "A"

HERBSFOREVER, INC.

Vita Tone

A Dietary Supplement: All the herbs used in Vita Tone have a safe history of usage in Ayurveda (Indian Herbal System) as a body tonic to tone up the entire body.**

With Recommended daily dose, you may begin to notice significant benefits in few days (differ for each individual).

**Body Tonic. Supports Energy,
Stamina, Vigor and Vitality.
All Natural****

Ingredients: Emblica officinalis, Tinospora cordifolia, Mucuna pruriens, Tribulus Terrestris, Asparagus racemosus, Withania Somnifera, Argyreia speciosa.

Tripala Guggulu

Tripala Guggulu is traditionally used in Ayurveda for healthy bowel movements Pitta + Vatta related conditions of the digestive system. Supports regularity. Helps to maintain healthy metabolism & remove toxins from the system.**

Ingredients: Commiphora mukul, Terminalia chebula, Terminalia bellerica, Emblica officinalis, Piper Longum.

Yograj Guggulu

Yograj Guggulu is traditionally used in Ayurveda for old and high Vatta related conditions of the joints and muscles. Helps to maintain healthy metabolism and remove toxins from the system.**

Ingredients: Communiphora mukul, Plumbago zeylanica, Piper longum, Carum couticum, Black cummin, Embelia ribes, Cummin, Alpinia galanga, Cedrus deodara, Piper chaba, Cardamomum, Rock salt, Inula racemosa, Pluchea lanceolata, Coriander, Terminalia chebula, Terminalia bellerica, Emblica officinalis, Cyperus rotundus, Ginger, Pepper, Cinnamon, Long pepper, Andropogon muricatus, Sodium nitrate, Cinnamom.

Trayodasanga Guggulu

Trayodasanga Guggulu is traditionally used in Ayurveda for old Vatta related conditions of the bones, joints and muscles. It helps to maintain healthy body & joint movements & remove toxins from the system.**

Ingredients: Communiphora mukul, Tinospora cordifolia, Acacia arabica, Withania Somnifera, Juniperus communis, Asparagus racemosus, Tribulus terrestris, Ipomoea turpethum, Pluchea lanceolata, Foeniculum vulgare, Ginger, Curcuma zedoaria, Carum couticum.

Sleep Ease

A Dietary Supplement: Sleep Ease is a unique natural herbal formula contains the herbs which have been used safely for centuries in Ayurveda (Indian Herbal System).

Healthy and deep sleep Pattern is necessary for healthy body and mind relaxation.

Promotes a healthy sleep Pattern.

Non - Habit forming, No hang over effects in the morning.

All Natural**

Ingredients: Bacopa monnieri, Valeriana wallichii, Acorus calamus, Evolvulus alsinoides, Withania Somnifera, Licorice, Hyoscyamus Niger, Piper longum.

Other Ingredients: Pearl Powder Calcined

No preservatives or artificial colors.

SITOPALADI CHURANA

60 Gms.

Ingredients: Rock sugar, Bambusa arundinacea, Piper longum, Cardamomum, Cinnamomum cassia.

Saptavimastika Guggulu

Saptavimastika Guggulu is traditionally used in Ayurveda for old (Vatta + Pitta) related unwanted internal & external growth conditions of the body. Helps to remove toxins from the system.**

Ingredients: Commiphora mukul, Terminalia chebula, Terminalia bellerica, Emblica officinalis, Piper Longum, Ginger, Piper Nigrum, Cyperus rotundus, Embelia ribes, Tinospora cordifolia, Plumbago zeylanica, Curcuma zedoaria, Cardamom, Juniperus communis, Piper chaba, Zanthoxylum alatum, Inula racemosa, Citrullus colocynthis, Curcuma longa, Potassium carbonate, Rock salt, Plantago amplexicaulis, Sodium carbonate.

PUNARNAVADI GUGGULU

Punarnavadi Guggulu is traditionally used in Ayurveda for Pitta + Vatta related conditions in the joints. Useful in Vata-rakta (vitiated air in the blood). Helps to maintain healthy metabolism and remove toxins from the system. **

Ingredients: Commiphora mukul, Boerhavia diffusa, Castor oil, Ricinus communis, Ginger, Ipomoea turpethum, Baliospermum montanum, Terminalia chebula, Terminalia bellerica, Emblica officinalis, Iron oxide, Piper nigrum, Embelia ribes, Semecarpus anacardium, Piper longum, Plumbago zeylanica, Rock salt.

NETACID Tablets

A Dietary Supplement: Netacid tablet contains all the herbs which have a safe history of usage in Ayurveda for many centuries.

Helps to alleviate minor acidity
or minor heart burn.

Reduces & Balances the High Pitta (fire).

All Natural**

Ingredients: Licorice ,Rhizome,Long pepper,Terminalia chebula,Tinospora cordifolia,Terminalia bellerica,Emblica officinalis,Cyperus rotundus, Rock salt,Embelia ribes, Cardamomum fruit, Cinnamomum leaves, Clove (Myrtus caryophyllus) ,Ipomoea turpethum,Pearl powder,Cumin Seeds, Coriander (Fruit), Reduced iron, Eclipta alba,Borax, Ginger (Rhizome), Reduced copper, Cinnamomum cassia,Mesua ferrea,Curcuma zedoaria.

Other Ingredients: Pearl Powder (calcined).

NETACID Syrup

A Dietary Supplement: NETACID syrup contains all the herbs which have a safe history of usage in Ayurveda for many centuries.*

Helps to alleviate minor acidity
or minor heart burn. Reduces
& Balances High Pitta (fire).**

All Natural

Ingredients: Ocimum sanctum, Licorice Rhizome, Fennel seeds,Operculina Turpethum,Fumaria officinalis,Phyllanthus Emblica Fruit,Terminalia chebula Fruit, Ginger, Clove (Caryophyllus Aromatins Linn) Fruit, Cardamom Seeds, Coriander Fruit, Cumin Seeds, Cinnamon leaves, Hedychium spicatum,Rheum emodi, Eclipta alba Plant,Adatoda vasika leaves,Asparagus racemosus, Camphora officinarum , Peppermint, Rock sugar.

Other Ingredients: Purified water.

NEEM OIL

Cold pressed fixed oil of
Azadirachta indica seeds
Double Filtered

60 ml.

The fresh Neem (Azadirachta indica) seeds are mechanically cold pressed (at a temperature below 45°C).

Maha Vishgarba Oil

For external use only

Natural Herbal Joint
and Muscle Vatta Massage oil

Maha Vish Garba oil: Recommended for old Vatta and Kapha dosha conditions as per Ayurvedic theory of Tridosha: Vatta (air), Pitta (fire), Kapha (water).

see

docket

975-0163 Ingredients: Sesame oil, Datura alba, Vitex Negundo, Citrullus colocynthis, Boerhaavia diffusa, Ricinus communis, Withania somnifera, Plumbago geylanica, Moringa oleifera, Solanum nigrum, Solanum xanthocarpum, Azardica indicus, Melia azedarach, Callicarpa lanata, Aegle marmelos, Oroxylum indicum, Gmelina arborea, Stereospermum suaveolens, Premna integrifolia, Desmodium gangeticum, Uraria picta, Solanum indicum, Tribulus terresteris, Asparagus racemosus, Nerium odoratum, Ichnocarpus frutescens, Sphaeranthus indicus, verbascifolium, Euphorbia antiquorum, Calotropis Gigantea, Leele Aequata, Achyranthes Aspera, Sida cordifolia, Abutilon indicum, Spinosa, Sida cordifolia big, Litsea Chinensis, Latifolium, Paederia foetida, Ginger, Piper nigrum, Piper longum, Nuxvomica, Pluchea lancolata, Costus, Aconitum Balfourii, Cyperus rotundus, Cedrus deodara, Lagenandra, Barilla, Rock salt, Unaqua Sodium chloride, Potassium nitrate, Sodii muras, Copper Sulphate, Myrica Nagi, Cissampelos Pareira, Premna herbacea, Ammonium chloride, Boliospermum montanum, Oryza sativa, Cumin, Citrullus colocynthis.

Maha Narayan

Vatta Massage oil

For external use only

see

docket

975-0163

This oil is recommended for high Vatta conditions as per Ayurvedic theory of Tridosha.

Ingredients: Sesame seed oil, Cow milk, Eucalyptus oil, Aegle marmelos, Withania somnifera, Solanum indicum, Tribulus terrestris, Oroxylum indicum, Sida cordifolia, Erythrina indica, Solanum xanthocarpum, Boerhaavia diffusa, Abutilon indicum, Premna integrifolia, Paederia foetida, Stereospermum suaveolens, Asparagus racemosus, Pluchea lanceolata, Leptadenia reticulata, Cedrus deodara, Sarcostigma kleinii, Hedysarum gangeticum, Uraria picta, Phaseolus trilobus, Teramnus labialis, Mesua ferrea, Rock salt, Curcuma Zedoaria, Curcuma longa, Terminalia chebula, Boswellia, Inula racemosa, Tacca aspera, Cardamomum, Rubia cordifolia, Glycyrrhiza glabra, Valeriana wallichii, Cyperus rotundus, Cinnamomum obtusifolium, Eclipta alba, Gymnema lactiferum, Clove, Butea frondosa, Alstonia scholaris, Camphor, Cinnamon, Crocus sativus, Nymphaea stellata, Ipomoea digitata, Ginger, Hedychium spicatum, Centella asiatica.

KANCHNARA GUGGULU

Kanchnara Guggulu is traditionally used in Ayurveda for deep-seated toxins in the tissues. Supports healthy Glandular functions. Helps to maintain healthy metabolism & helps to remove toxins from the system. **

Ingredients: Commiphora mukul, Bauhinia variegata, Zingiber officinale, Pepper, Piper longum, Terminalia chebula, Terminalia bellerica, Emblica officinalis, cardamomum, Cinnamomum cassia, Cinnamom tamala, Crataeva religiosa.

KAISORA GUGGULU

Kaisora Guggulu is traditionally used in Ayurveda for Pitta + Vatta related of the joints and muscles. It helps to reduce Pitta aggravations where pitta condition is also involved beside vatta. Helps to maintain healthy metabolism and helps to remove toxins from the system. **

Ingredients: Commiphora mukul, Terminalia chebula, Terminalia bellerica, Emblica officinalis, Tinospora cordifolia, Zingiber officinale, Piper nigrum, Piper longum, Embelia ribes, Ipomea turpethum, Coriandrum sativum, Baliospermum montanum.

IRON COMPLEX

A Dietary Supplement: Traditional method of reducing iron in Ayurveda is different and superior to any chemical formulation. Iron complex prepared according to Ayurvedic way, does not cause diarrhea or constipation. According to Ayurveda, Ayurvedic preparation of iron is the best iron in the world. It has self assimilation qualities & gets absorbed with relatively high efficiency in our body.

Ayurvedic Rasyana
A Unique Iron Body Tonic Supports
Liver Function Promotes Healthy R.B.C.
Promotes Well Being**

Ingredients: Emblica officinalis, Reduced Iron , Ginger Rhizome, Pepper, Long pepper, Terminalia chebula, Plumbago zeylanica, Terminalia bellerica, Cyperus rotundus, Embelia ribes.

HINGWASTIKA CHURANA

Ingredients: Ginger (Zingiber officinale) Rhizome, Black Pepper (Fruit), Piper longum, Carum couticum Seeds, Rock salt, Cumin seeds, Black cumin seeds, Feaula assafoetida.

HANG-OVER

A Dietary Supplement: To Revive and feel fresh.
All the herbs used in Hang-Over have safe history of usage in Ayurveda (Indian Herbal System) for thousands of years.**

Terminator
Revitalizer, Feel Fresh Fast
All Natural**

Ingredients: Shilajit (Mineral Pitch), Withania somnifera, Indian Gooseberry, Tinospora cordifolia, Indian Kino Tree (Heartwood), Eugenia Jambolana (seeds), Gymnema Sylvestre, Momordica charantia Fruit, Neem (Azadirachta Indica), Turmeric Rhizome, Fenugreek.

Other Ingredients: Gelatin, Pearl powder (calcined).

Goksuradi Guggulu

Goksuradi Guggulu is traditionally used in Ayurveda for Pitta + Vatta related conditions of the joints and muscles. It helps maintain healthy metabolism & helps remove toxins from the system. It also supports a healthy urinary system. **

Ingredients: Commiphora mukul, Tribulus terrestris, Ginger, Pepper, Piper longum, Terminalia chebula, Terminalia bellerica, Emblica officinalis, Cyperus rotundus.

Gastro Care

A Dietary supplement: Gastro Care is a safe unique, balanced natural formula that helps to alleviate occasional gas and helps to manage indigestion due to Vatta (air) aggravation as per Ayurvedic theory of Tridosha Vatta (air), Pitta (fire), Kapha (water). **

**Helps Promote healthy
Gastrointestinal Tract ****

Ingredients: Asafoedita, Long pepper, Black pepper (Piper nigrum) Fruit, Ginger (Zingiber officinale) Rhizome, Carum couticum Seeds, Black salt (Mineral salt), cumin Seeds, Black cumin, Peppermint, Camphor, Ptychotis ajowan.

Chywanprash

RASAYANA

A Dietary Supplement Chywanprash is ancient famous Ayurvedic Rasayana. The use of Rasayanas in Ayurveda is to nourish the Blood, Muscles, Lymphs, Nerves, Brain, Heart and Lungs. As an anti-aging agent for long, healthy active life. As per traditional belief the person using Chywanprash will feel new energetic effects week after week. The main ingredient, Amla fights against free radicals damage and increases general well being **

Supports immune system, Helps assimilation of nutrients from head to toe and hair to nails. A Rejuvenating tonic support for overall Body Health**
Natural Nutritional Herbal Supplement

400 Gms.

Ingredients: Emblica officinalis Fruit pulp, Bambusa arundinacea, Honey, Mesua ferrea, Cinnamomum tamala, Cardamomum, Cinnamomum cassia, Piper longum, Stereospermum suaveolens, Premna integrifolia, Gmelina arborea, Aegle marmelos, Oroxylum indicum, Tribulus terresteris, Hedyosarum gangeticum, Solanum indicum, Solanum xanthocarpum, Rhus

succedanea, Grapes, Tinospora cordifolia, Terminalia chebula, Sida cordifolia, Phyllanthus niruri, Adhatoda vasica, Leptadenia reticulata, Curcuma zedoaria, Hedychium spicatum), Cyperus rotundus, Inula racemosa, Phaseolus trilobus, Termanus labialis, Asclepias curassavica, Ipomoea digitata, Boerhaavia diffusa, Lotus (Nelumbium speciosm), Pluchea lanceolata, Camphora officinarum, Shatavari, Ashwagandha, Uraria picta, Centella asiatica, Sesamum indicum, Luvunga scandens, Valerina wallichii, Nymphaea stellata, Gymnema lactiferum, Tacca aspera, Bacopa monnieri, Evolvulus alsinoides, Ghee, Cane sugar, Saffron flower.

Cardio-B

A Dietary Supplement: All the herbs used in Cardio-B have been used safely for centuries in Ayurveda (Indian Herbal System) as a natural support for healthy circulatory function. **

Helps to maintain healthy blood pressure that is already within normal limits**

Ingredients: Valeriana wallichii Root, Adansonia digitata Fruit, Licorice Root, Evolvulus alsimoides Plant, Centella asiatica, Emblica officinalis, Boerhaavia diffusa.

Antma Syrup

A Dietary Supplement: natural defense Antma syrup contains all the herbs which have a safe history of usage in Ayurveda for many centuries.* *

Useful in Kapha imbalances, as per Ayurvedic theory of Tridosha: Vatta (air) Pitta (fire) and Kapha (water).

Natural support for the lungs. Helps to revitalize the Respiratory system. **

Ingredients: Adhatoda vasika Leaves, Cordia latifolia Fruit, Clerodendron serratum Seed, Licorice, Solanum jacquinii Plant, Viola odorata Plant, Hyssopus officinalis Flower, Terminalia Belerica Fruit, Althaea officinalis Seeds, Malva sylvestris Seeds, Piper longum Fruit, Ammonium chloride, Myrica nagi Bark,, Sodium Borate Purified, Peppermint (Mentha piperita) Leaves distillate, Rock sugar.

Other Ingredients : Purified water.

Bio-Fit

A Dietary Supplement: Contains mineral from Himalaya and tonics of natural wild herbs.

All the herbs used in Bio-Fit has safe history of usage in Ayurveda (Indian Herbal System) for thousands of years.

Body Fitness Formula

Revitalizes Body

All Natural**

Ingredients: Tribulus Terrestris Fruit, Asparagus Racemosus Root, Shilajit (Mineral Pitch) ,Withania Somnifera (Root) Glycyrrhiza Glabra (Root), Myristica Fragrans, Crocus Sativus (Dried stigmas of flower).

Other Ingredients: Gelatin, Pearl powder (calcined)

Acne Care

A Dietary Supplement: Acne Care is natural herbal formula contains the herbs which help to eliminate the harmful waste and promote skin health. **

Healthy skin

Beautiful complexion

All Natural**

Ingredients: Turmeric , Neem (Azadirachta Indica) , Momordica Charantia (fruit), Eugenia Jambolana , Indian Gooseberry (fruit), Tinospora cordifolia , Shilajit (Mineral Pitch), heartwood, Gymnema Sylvestre, Fenugreek , Terminalia chebula,Cassia absus, Rubia cordifolia.

Other Ingredients: Gelatin, Pearl powder (calcined)

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any Disease."**